



City of Milford, Connecticut

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Health Department

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Health Director

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Dear Parent/Guardian,

The following health notes are for your information. Please take a few minutes to review them and save them for future reference.

ILLNESS: Please follow these guidelines should your child become ill.

1. Children who have symptoms of respiratory or gastrointestinal infections, such as cough, fever, sore throat, vomiting, or diarrhea, should stay home until at least 24 hours have passed since feeling better overall, and they have not had a fever (and are not using fever-reducing medication). Consider contacting your child's primary care provider for testing recommendations.
2. Any child with an elevated temperature of 100.0 F or greater or who feels feverish should not report to school in person until their fever has resolved for at least 24 hours without medication.
Temperature readings can be affected by how the temperature is measured (oral, rectal, axillary, ear, temporal). Please call your school nurse if you have any questions or concerns regarding your specific method and the temperature results.
3. If your child has symptoms of a respiratory virus such as COVID-19, Influenza or RSV, contact your school nurse to receive further guidance if needed. The Centers for Disease Control and Prevention (CDC) guidance and recommendations can be found at the below link:

<https://www.cdc.gov/respiratory-viruses/prevention/precautions-when-sick.html>
4. If your child has vomiting or diarrhea, they should stay home for at least 24 hours after the last episode.
5. If your child has a rash that you would like checked by the school nurse, please accompany them to school if exclusion from school due to suspicion of communicable disease is necessary.
6. All communicable diseases, e.g., strep throat, chicken pox, conjunctivitis, impetigo, scarlet fever, head lice, scabies, etc., must be reported to the school nurse even if diagnosed on the weekend or over vacation. Parents need to alert parents of other students who may have been exposed in the event another child has similar symptoms. The names of affected children are kept confidential. However, we cannot prevent unnecessary transmission of infectious diseases in school without adequate information.

OVER

7. Children being treated for communicable diseases (conjunctivitis, impetigo, scabies, streptococcal infections) may return after a full 24 hours of antibiotic therapy.

****Please Note:** Children with chicken pox may return to school after five days, **and** all lesions are dry and scabbed over.

8. **Health Update:** Many times, children will become ill, develop allergies, sustain an injury, have an operation or surgical procedure, obtain a prescription for new glasses or lenses, or receive an immunization booster during school vacations. Please inform the nurse so we can update your child's health record.

MANDATED SCHOOL SCREENING PROGRAMS

Vision - screened Kindergarten, Grade 1, Grades 3-5

Hearing - screened Kindergarten, Grade 1, Grades 3-5

Posture - Female students screened in Grades 5 and 7
Male students screened in Grade 8

These programs are performed each school year at the grade level indicated.

Screenings may also be done upon request or teacher referral.

Heights and Weights are measured annually for all students.

Color vision is evaluated in Kindergarten.

If you have any questions related to your child's health, please contact your school nurse.

Yours truly,



Andrew J. Carlson, MD

Medical Advisor

MHD 77

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